

# New Nutritionist Orientation Agenda

DAY 1: Thursday, December 1, 2005

8:30-9:00	<b>Welcome/Introductions/Travel</b>
9:00-10:30	<b>Welcome to WIC</b> <ul style="list-style-type: none"><li>• WIC's vision, mission, and philosophy</li><li>• Overview of key WIC policies</li><li>• Your unique responsibilities</li><li>• Utilizing nutrition standards in WIC</li></ul> <i>Jacqueline Beard, Training Coordinator</i>
10:30-10:45	<b>Break</b>
10:45-11:45	<b>Guiding Nutrition Education Year-round</b> <ul style="list-style-type: none"><li>• Philosophy and goals of nutrition education</li><li>• Making your NEP work for you</li><li>• Continuous improvement of nutrition services</li></ul> <i>Jean O'Leary, Breastfeeding Coordinator</i>
11:45-1:00	<b>Lunch</b>
1:00-2:15	<b>Nutrition Risk Criteria: It Doesn't Have to be "Risky Business"</b> <ul style="list-style-type: none"><li>• Understanding the Federal Nutrition Risk Criteria</li><li>• A look at Washington's High Risk Criteria</li></ul> <i>Jacqueline Beard</i>
2:15-3:00	<b>Breastfeeding Promotion and Support in the WIC Program</b> <ul style="list-style-type: none"><li>• Your role in breastfeeding promotion</li><li>• How WA WIC measures up? (breastfeeding data)</li><li>• What works in WIC clinics</li></ul> <i>Jean O'Leary</i>
3:00-3:15	<b>Break</b>
3:15-4:30	<b>Maximizing the Nutrition High Risk Care Plan Tool</b> <ul style="list-style-type: none"><li>• Review high risk care policies</li><li>• Effective use of RD wizard and reports</li></ul> <i>Margaret Dosland, Training Consultant</i>

Thank you for completing your feedback forms

# New Nutritionist Orientation Agenda

DAY 2: Friday, December 2, 2005

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| 8:15-8:30   | <b>Network/Travel</b>   |
| 8:30-10:00  | <b>Prenatal Nutrition</b> <ul style="list-style-type: none"><li>• Assessing weight gain</li><li>• Key prenatal conditions to manage</li></ul> <i>Leanne Burkhalter-Eko, Training Consultant</i>   |
| 10:00-10:15 | <b>Break</b>  |
| 10:15-12:00 | <b>Infant Nutrition</b> <ul style="list-style-type: none"><li>• A thorough formula review</li><li>• Breastfeeding basics</li><li>• Understanding feeding cues and building a positive feeding relationship</li></ul> <i>Leanne Burkhalter-Eko</i> |
| 12:00-1:15  | <b>Lunch/Walk</b>   |
| 1:15-3:00   | <b>Child Nutrition</b> <ul style="list-style-type: none"><li>• Feeding is parenting</li><li>• Addressing those challenging feeding issues</li></ul> <i>Leanne Burkhalter-Eko</i>  |
| 3:00-3:15   | <b>Break/Travel</b>   |
| 3:15-4:15   | <b>Partnering to Support WIC Families:<br/>Medicaid and Children with Special Health Care<br/>Needs</b><br><i>Leanne Burkhalter-Eko</i><br><i>Yuchi Yang, CSHCN Nutrition Consultant</i>  |
| 4:15-4:30   | <b>Wrap-up/Feedback</b>   |

